Nutrition Referral Form

Gardner Family Nutrition
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Phone: 865-214-7055
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Date:

Patient's Name:

Date of Birth:

Phone Number:

Health Insurance:

Reasons for Nutrition Referral

Below are the most common diagnoses that are covered under most preventative insurance policies. This means that patients will likely have no copay or deductible to see a dietitian depending on the policy. If any of these apply to the patient, please select. If none of these apply to the patient, please add the appropriate ICD-10 code.

E66.3 - Overweight	E88.81 - Metabolic syndrome	E11.9 - Type 2 diabetes mellitus
E66.01 - Morbid obesity due to excess calories	E78.00 - Hypercholesterolemia	E10.9 - Type 1 diabetes mellitus
E66.9 - Obesity unspecified	E78.5 - Hyperlipidemia	
R73.03 - Pre-diabetes	I10- Essential hypertension	Z83.3 - Family hx of diabetes
R73.01 - Impaired fasting glucose	I25.10 Atherosclerotic heart disease	Z82.49 - Family hx of ischemic CVD

Other ICD-10 code not listed:

The above is referred for MEDICAL NUTRITION THERAPY as part of medical treatment and prevention for diagnoses above.

Referring Provider's Signature:

Referring Provider's Name:

Referring Provider's NPI: